Introducing the Recipients of Our 2014 Slovak Catholic Sokol College, High School and Grade School Scholarship Grants

Grants of $1,000 each to recipients of our College Scholarships

Gerard Freda
Whippany, N.J.
Group 1, Assembly 24
George Mason University
Boonton, N.J.

Jenna-Ruth Freda
Whippany, N.J.
North Carolina State University
Group 1, Assembly 24
Boonton, N.J.

Kayla Kopchak
Park Ridge, N.J.
St. Joseph’s University
Group 1, Wreath 2
Passaic, N.J.

Alyssa Marconi
Trumbull, Conn.
Emmanuel College
Group 2, Wreath 39
Bridgeport, Conn.

Kevin Wnukowski
American International College
Group 3, Assembly 28

Justin Dobbs
Racine, Wis.
University of Wisconsin-Madison
Group 4, Wreath 93
Milwaukee, Wis.

Joseph Evica
Madison, Wis.
University of Wisconsin-Madison
Group 4, Wreath 93
Milwaukee, Wis.

Dana Ley
Milwaukee, Wis.
University of Wisconsin School of Medicine and Public Health
Group 4, Assembly 113
Kenosha, Wis.

Cory Ruhland
Stevens Point, Wis.
University of Wisconsin-Stevens Point
Group 4, Wreath 93
Milwaukee, Wis.

For the past 42 years, our organization has supported the educational aspirations of our members through our scholarship program. Since 1972, a total of 2,038 members have been recipients of this fraternal benefit. A total of $1,413,750 in scholarship grants have been awarded to date. This year, we again are pleased to assist 64 of our young members in their quest for a good education. Our congratulations and fraternal best wishes go out to all our 2014 recipients. Happy future and Zdar Bohé!
2014 Slovak Catholic Sokol Scholarship Grants
Grants of $1,000 each to recipients of our College Scholarships

Brandon Schmidt
Naperville, Ill.
Indiana University
Group 4, Assembly 257
Chicago, Ill.

Jayme Blosser
Atlanta, Ga.
Kennesaw State University
Group 5, Assembly 180
Canton, Oh.

Kelly Dunlevy
Baton Rouge, La.
Our Lady of the Lake College
Group 6, Wreath 15
Perryopolis, Pa.

Thomas Allardycce
Pittston, Pa.
Pennsylvania State University
Group 7, Assembly 86
Port Griffith, Pa.

Michael Iorio
Wilkes-Barre, Pa.
Mansfield University
Group 7, Assembly 86
Port Griffith, Pa.

Cody Januszko
Wilkes-Barre, Pa.
Juniata College
Group 7, Assembly 59
Wilkes-Barre, Pa.

Nicole Maximowicz
Kingston, Pa.
Temple University
Group 7, Wreath 147
Larksville, Pa.

Jessica Walsh
Wilkes-Barre, Pa.
Temple University
Group 7, Assembly 59
Wilkes-Barre, Pa.

Krista Alt
Johnstown, Pa.
Washington & Jefferson College
Group 9, Assembly 74
Scamp Level, Pa.

Charissa Perzel
Blaine, Minn.
University of St. Thomas
School of Law
Group 11, Wreath 47
Minneapolis, Pa.

Theresa Holthinrichs
Holland, Pa.
Johnson and Wales University
Group 12, Wreath 13

Paige Gasiorowski
Pittsburgh, Pa.
Robert Morris University
Group 14, Wreath 22
Pittsburgh, Pa.

Joseph Lako
Pittsburgh, Pa.
Duquesne University
Group 14, Assembly 104
Pittsburgh, Pa.
2014 Slovak Catholic Sokol Scholarship Grants
Grants of $1,000 each to recipients of our College Scholarships

Morgan Macurak
Acworth, Ga.
Kennesaw State University
Group 14, Wreath 22
Pittsburgh, Pa.

Jenna Snyder
Pittsburgh, Pa.
Seton Hall University
Group 14, Wreath 22
Pittsburgh, Pa.

Lindsay Adams
Plain City, Oh.
Duquesne University
Group 17, Wreath 54
Youngstown, Oh.

The Theodore and Mary Jane Rich
Memorial Scholarships - $2,500 grant
for studies in the medical field

Sarah Ruth-Taylor
Cresson, Pa.
Indiana University
of Pennsylvania
Group 9, Assembly 79
Lilly, Pa.

Conrad Kovalcik
Warrent, Mich.
North Carolina Central University
Group 16, Assembly 36
Detroit, Mich.

Kenny Cunningham
Brecksville, Oh.
Ohio State University
Group 5, Assembly 167
Barberton, Oh.

Nicole Hvozdovic
Mountain Top, Pa.
University of Scranton
Group 7, Assembly 59
Wilkes-Barre, Pa.

The Doctors’ Lesko
Medical Memorial
Scholarship Grant
of $1,000

Nicole Walsh
Wilkes-Barre, Pa.
Bloomsburg University
Group 7, Assembly 59
Wilkes-Barre, Pa.

Ashley Pinck
Clifton, N.J.
William Paterson University
Group 1, Wreath 2
Passaic, N.J.

Kristin Hill
North Canton, Oh.
Notre Dame College
Group 5, Assembly 180
Canton, Oh.

Stephanie Pavlick
Pittsburgh, Pa.
Massachusetts Institute
of Technology
Group 14, Wreath 22
Pittsburgh, Pa.

The Krista L. Glugosh
Memorial Scholarship Grant
of $1,000

The Emil Slavik Memorial
Scholarship Grants of $2,500

2014 Slovak Catholic Sokol
Memorial Scholarship Grants of $1,000
Centennial of the Ordination of Msgr. Stephen J. Krasula, P.A.

June 5, 2014 marks the centennial of the ordination to the priesthood of the late Monsignor Stephen J. Krasula, P.A., one of the most prominent pioneer Slovak priests in America. He was active in the Slovak Catholic Sokol for many decades serving as the organization’s protector and in 1930 was selected to serve as the patron of our Group 1, Passaic, N.J.

A native of Namestovo, located in the region of Orava in north-central Slovakia, he was born there May 23, 1887. In the summer of 1907, at the invitation of the Rev. Francis Vloosak of Bethlehem, Pa., the twenty-year-old left his homeland and emigrated to the United States with the intention of serving as a priest among the Slovaks. That fall, he entered St. Joseph’s Seminary in Yonkers, N.Y. to complete his studies for the priesthood. He was ordained a priest at New York’s St. Patrick’s Cathedral on June 5, 1914. He celebrated his first solemn Mass at Most Holy Trinity Church in Yonkers, N.Y. on June 6, 1914, where his friend and fellow Slovak, the Rev. John J. Kubasek was pastor. A week later, on June 13, 1914, he celebrated a second solemn Mass at Sacred Heart of Jesus Church in Torrington, Conn. where many of his fellow countrymen from Orava resided. On that occasion, the Torrington Slovaks presented him with a chalice which he used throughout his priesthood.

His first assignment was as an assistant to Father Kubasek in Yonkers, N.Y. The assignment was brief, since in November 1915, he was sent to St. John Nepomucene Church, then located on East 57th Street in Manhattan, to assist the ailing Rev. John Kro pac. Following the death of Father Kro pac on February 14, 1916, Father Krasula was appointed pastor of the New York City Slovak parish. His tenure there was historic. He was pastor for a total of 52 years, until his retirement in September 1968.

In 1923, Father Krasula purchased property at the corner of First Avenue and East 66th Street where a new church, school and rectory were built. The new church often referred to as “the Slovak Basilica in New York,” was dedicated on Memorial Day, May 30, 1925. During his early years in the parish, he actively supported the work of the local lodges of our Slovak fraternals. He became a member of our former Assembly 60. He also took an active interest in the plight of the Slovaks in their ancestral homeland. In addition to our Slovak fraternals, Father Krasula was active in the work of the Slovak Catholic Federation, where he served in a number of positions. He was the first editor of The Good Shepherd - Dobry Pastier and later served as national president. He also actively promoted the work of the Slovak League of America, establishing Assembly 1 in 1916, serving as its first president and later as a national officer. In 1926, he served as the chairman of the first New York-New Jersey Slovak Day observance at Fordham University which attracted more than 25,000 participants. That year, he welcomed the noted Slovak patriot, Msgr. Andrew Hlinka along with four bishops from Slovakia who came to the United States to participate in the International Eucharistic Congress in Chicago. He was also active in promoting the work of the Sisters of SS. Cyril and Methodius and through the Matica Slovenska project helped to establish two Slovak high schools in America, the former St. Cyril Academy in Danville, Pa. and Benedictine High School in Cleveland, Oh.

Father Krasula’s dedication and leadership were recognized early when on November 20, 1929, Pope Pius XI named him a Papal Chamberlain with the title of Monsignor, only the third Slovak priest in the United States to receive papal honors. On July 4, 1930, Msgr. Krasula solemnly blessed and dedicated our new Slovak Catholic Sokol headquarters building in downtow n Passaic, N.J. Later that year, the delegates of our 11th national convention convened in Trenton, N.J. elected him as Protector of the Slovak Catholic Sokol. In 1932, the New York District of the First Slovak Catholic Union was named in his honor. Over the years, Msgr. Krasula took an active interest in every major Slovak project in America. In 1937, he was again recommended for papal honors when he was named a Domestic Prelate by Pope Pius XI.

Following World War II, Msgr. Krasula served as a director of the American Relief for Czechoslovakia and worked closely with the Refugee Resettlement Committee of the American Bishops. Through his efforts, thousands of Slovak refugees came to the United States to build a new life for themselves and their families, many of whom settled in the New York - New Jersey metropolitan area. With the advent of Communism in the then Czechoslovakia, Msgr. Krasula alerted the American public to the persecution the Church was enduring in that country. He organized many Masses and rallies to acquaint the American public with the atheistic government which gained control of our ancestral homeland.

In the late 1950s, he was an early supporter of the project to build a Slovak spiritual center in the Eternal City of Rome. He helped raise large sums of money in support of the new Slovak Institute of SS. Cyril and Methodius in Rome. During the jubilee year of SS. Cyril and Methodius, marking the eleventh century of their arrival in Slovakia, he organized a great celebration at New York’s St. Patrick’s Cathedral on June 22, 1963. Later that year, he headed the pilgrimage to Rome for the dedication of the Slovak Institute or Ovat at it was known. On September 15, 1963, he served as the deacon of honor to His Eminence, Eugene Cardinal Tisserant who dedicated the new Slovak Institute of SS. Cyril and Methodius, now known as the Pontifical Slovak College of SS. Cyril and Methodius. On that occasion, he was introduced to Pope Paul VI as “the patriarch of Slovak priests in America.” During the special Mass in St. Peter’s Basilica on September 16, 1963, he preached in Slovak.

Upon his return to New York, Francis Cardinal Spellman announced that Pope Paul VI had named him to the dignity of Prothonotary Apostolic, the highest rank of Monsignor. He celebrated his first Solemn Pontifical Mass on December 8, 1963. In 1964, he celebrated the 50th anniversary of his priestly ordination. In the spring of 1965, he served as the chairperson of the 43rd national convention of the Slovak Catholic Federation and was chairman of the Slovak Day observance held at the New York World’s Fair. In the spring of 1966, Msgr. Krasula was feted at a truly unique event in the life of a priest - the 50th an-
From the Desk of the Supreme President

Thoughts on Fraternalism
by Larry M. Glugosh

To begin, I would like to extend our best wishes to all of the mothers and grandmothers within the Slovak Catholic Sokol and sincerely hope you enjoyed your special Mother’s Day celebration last week. It is a truly a wonderful day to honor the women in our families for all of their sacrifice, devotion and most importantly the unconditional love they provide. Whether the day is spent with our mothers, grandmothers, godmothers, sisters, aunts or wives, it is very important to let them know how much we love them and appreciate all the wonderful things they do every day.

In addition to our Mother’s Day celebration this month, we will also pay tribute to our veterans as part of the Memorial Day long weekend. I hope you will take some time to reflect and appreciate our armed forces. It is important that we remember and recognize those individuals in our community, which have served to protect and uphold our democracy and way of life. I am grateful for our good fortune and wonderful blessings, as a result of the sacrifices of our armed forces.

To begin, I would like to extend our best wishes to all of the mothers and grandmothers within the Slovak Catholic Sokol and sincerely hope you enjoyed your special Mother’s Day celebration last week. It is a truly a wonderful day to honor the women in our families for all of their sacrifice, devotion and most importantly the unconditional love they provide. Whether the day is spent with our mothers, grandmothers, godmothers, sisters, aunts or wives, it is very important to let them know how much we love them and appreciate all the wonderful things they do every day.

Recently, our Supreme Vice President charged our 2014 annual scholarship meeting with four members of our Board of Directors. I would like to congratulate our Slovak Catholic Sokol scholarship recipients. During the meeting we reviewed the College, High School and Grade School applications and selected our 2014 recipients. There were many deserving winners but we had to make our final recommendations based on financial need, fraternal activity and academic merit. As in the past, we will post the award winners in our newspaper and annual review. My special congratulations to Ashley Pinck, who was the first recipient of the Krista L. Glugosh memorial scholarship award. Our family sincerely hopes the funds will help enable her dreams and future vocational growth.

To conclude, I would like to take a moment to offer my genuine and sincere thanks to our family and friends who continue to provide their heartfelt support to our family, especially during this special time of the year. Your warm thoughts, prayers and support continue to give us strength and purpose. We are forever grateful and will always keep you in our prayers and thoughts.

May God bless all of you!

Chairman of the Board
Slovak Catholic Sokol

59th International Golf Tournament
August 1-3 in West Middlesex, Pa.
by Edward D. Moeller
Supreme Director of Sports and Athletics

The warm summer weather brings the golf season into full swing, so we must now begin to prepare ourselves for the Slovak Catholic Sokol’s 59th International Golf Tournament to be held August 1st – 3rd at Tam-O-Shanter and Oaktree golf courses.

We are looking forward to hosting a wonderful weekend of fraternalism and sportsmanship in August. The Slovak Catholic Sokol’s 59th International Golf Tournament will be held August 1st – 3rd at the Park Inn by Radisson and the Tam-O-Shanter and Oaktree golf courses located in West Middlesex, PA. Over the years, many upgrades have been incorporated into these fine establishments, it will serve our members extremely well.

This golf course facility is located just minutes off of Interstate I-80 at exit 4B. The Park Inn by Radisson is located directly off of this exit.

Over the years this event has evolved to become much more than a few simple rounds of golf but rather a true fraternal family affair in the spirit of friendship and good sportsmanship. Many of our Sokol members now attend the tournament accompanied with their respective families which has added to the richness of the event and true Sokol camaraderie.

The tournament is shaping up to have a tremendous turnout of golfers and guests. The actual tournament deadline is (post-marked) July 1st, so do not delay in returning your application forms to us as soon as possible. You can mail them to the home telephone address of 2821 Waterman Avenue, Pittsburgh, PA 15227. If you have any questions pertaining to the event, please contact me directly at my home telephone number (412) 881-3506.

The cost for this year’s event is $225.00 for golfers which includes your three (3) full rounds of golf with carts, two nights lodging at the Park Inn by Radisson, a complimentary bar on Saturday night, your tournament entry fee and prize money. All taxes and gratuities are included.

The non-golf weekend package rate is $140.00 (inclusive), which includes meals and lodging. Finally, for our local members who may not require the entire hotel and meal package, there is a golf only package for $145.00, which includes entry and tournament expense fees. (No meals) These are outstanding packages for the service, quality of meals and golfing that one will enjoy throughout the weekend.

As has been requested, we are attempting to accommodate our Senior Members by offering a new choice this year. A Half Golf Package will be offered at the cost of $215.00. This will include two rounds of golf (9 holes on Saturday and Sunday No Practice Round) the lodging and meals. Also, a Half Golf Only Package will be available for $75 which would include just the nine holes of golfing on Saturday and Sunday along with the entry fee and prize money.

As in the past, you must make your own hotel arrangements by contacting the Park Inn by Radisson directly and leaving a credit card for all incidental expenses. This year a block of 45 rooms have been reserved per night at the hotel, on behalf of the organization. The telephone number to make hotel reservations is (724) 528-2501. Golf reservations for the practice round must be placed at the Oaktree Golf Course pro shop only at (724) 528-9984. The 2014 prize money entry fee will be $15.00 per golfer in the (above package) and the board of directors of the Supreme Assembly has recommended providing $20.00 per golfer towards the tournament prize money. All monies will be distributed to the golfers and the allocation will be based on the number of golf entries per flight.

All breakfast meals, the Friday Hospitality and the Saturday night victory banquet are being held at the Park Inn by Radisson. There will be a charge of $25.00 for those members that would like to purchase additional banquet tickets for Saturday night only. The banquet will feature a wonderful Steak Fry with meat and host bar. This year a block of 45 rooms have been reserved per night at the hotel, on behalf of the organization. The telephone number to make hotel reservations is (724) 528-9984. The 2014 prize money entry fee will be $15.00 per golfer in the (above package) and the board of directors of the Supreme Assembly has recommended providing $20.00 per golfer towards the tournament prize money. All monies will be distributed to the golfers and the allocation will be based on the number of golf entries per flight.

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Sokol Calendar

SUN.MAY 25
- 13th annual Slovak Day observance hosted by the Chicago Slovak Alliance at the Village of Bridgeview Community Center, 7900 Oketo Blvd., Bridgeview, Ill., beginning with Mass in Slovak celebrated by Archbishop Jan Sokol at 12:30 p.m., luncheon and cultural program at 1 p.m., admission $25.00 adults, seniors and youth to age 22 $10.00, children to age 12 free of charge; for information (708)549-4401, email logizik@hotmail.com.

THU.SEP.17
- 91st annual Pittsburgh Slovak Day observance at Kennywood Park, West Mifflin, Pa., beginning with children’s games and treats at 12:30 p.m., Mass at 4 p.m. followed by cultural program; music for dancing begins at 6 p.m.

SUN.JUNE 15
- Family Picnic hosted by Assembly 78, Route 378, Bethlehem, Pa., beginning at 2 p.m., free of charge with refreshments, for reservations contact Fran Blunar (610)866-8381, deadline for reservations is July 1.

SAT.AUG.10
- 9th Slovak-Fest hosted by the American Slovak Cultural Association of the Mahoning Valley, on the grounds of Our Lady of Sorrows Parish, St. Matthias Church site, 915 Corner Ave., Youngstown, Ohio, beginning with Mass at 11 a.m. for information call Loretta Ekoniak (540)736-3765 or eKotiva.eko@woyo.net.

WED.AUG.13
- Annual Slovak Day Pilgrimage hosted by the Slovak fraternal societies of the New York area at the Salesian Shrine of Our Lady Help of Christians, Filars Lane, West Haven, N.Y., beginning with confessions at 10 a.m., Slovak Mass at 11 a.m., luncheon and afternoon观摩日程 to follow; for information and directions call the shrine at (914)947-2200.

SEP.4-7
- 129th annual meeting of the American Slovak Fraternal Union at the Hilton Austin Hotel, Austin, Tex.

SUN.AUG.14
- Annual Fraternal Insurance Seminar hosted by Group 12 at the Slovak Catholic Sokol Club, 411 Crestmont St., Reading, Pa. beginning at 10 a.m. luncheon will be served and seminar concludes at 2:30 p.m.; to register call Kathi Smolikowicz at (610)507-3748 or Joseph Harak at (610)779-7964.

SAT.JUNE 20-22
- 31st annual Czech and Slovak Festival at the First Baptist Church, Phillips, Wis., beginning Friday at 7 p.m.; Saturday, 9 a.m. - 4 p.m.; Sunday 10 a.m. - 3 p.m., for information call 715-339-4100888-4084.0.

SAT.JUNE 28
- Annual Simply Slovak Festival in downtown Youngstown, Oh., beginning at 12 noon, for information call Loretta Ekoniak (330)349-3765.

SUN.JUNE 29
- Annual picnic of the Sisters of SS. Cyril and Methodius Parish at St. Benedict’s Grove, 454 Morgantown Rd., Plowsville, Pa., 10 miles south of Reading, Pa., beginning at 5-5 p.m. music by Pa. Villagers, 2-6 p.m., free admission.

FRI.JULY 11
- Quarterly meeting of the S.C.S. Supreme Board of Directors at the Hilton Garden Inn, Wilkes-Barre, Pa. beginning at 9:00 a.m.

JULY 11-13

SAT.JULY 12
- 41st Annual Summer Festival hosted by the Sisters of SS. Cyril and Methodius on the grounds of their Motherhouse, Villa Sacred Heart, Danville, Pa. beginning at 10 a.m., concluding with Mass to satisfy the Sunday obligation in the Basilica of SS. Cyril and Methodius at 5 p.m.

SUN.JULY 17
- 19th annual Sokol Heritage Festival hosted by the University of Pittsburgh Slovak Studies Program at the Cathedral of Learning Commons Room in Oakland, Pittsburgh, Pa., 5 p.m., admission $10.00.

FRI.LOV.14
- Annual Freedom Lecture hosted by the Friends of Slovakia at the Wilson Center, Ronald Reagan Building, Washington, D.C., beginning at 12 noon.

SAT.SEP.6
- 5th annual Friends of Slovakia Awards Dinner at the Slovak Embassy of Washington, D.C., reception beginning at 7 p.m., dinner at 8 p.m.

SCHOLARSHIPS GRANTS

For Wreath 155 at the Slovak Catholic Fraternal Alliance, no designation; for Wreath 1, Assembly No. 9, Inc., Bridgeport, Conn.

As has been our fraternal tradition for many years now, Wreath 1 and Assembly No. 9, Inc. will again offer $200.00 scholarship grants to our deserving young members. These grants are One Time Only.

To apply, members of either lodge must have a permanent life insurance policy with a face amount of at least $3,000 and have been a member for at least five(5) years. They must be currently enrolled in a college or Catholic high school.

To request an application, call Judith Salamon at tel. (203)333-3716 or Eileen S. Wilson (203)378-8837 for information call Loretta Ekoniak (540)376-3765 or eKotiva.eko@woyo.net.

For the committee

FRATERNALIST OF THE YEAR

Group 2, Bridgeport, Conn.; Group 1, Passaic, N.J.; Group 12, “Rev. Anton Bernolak” Fraternalist of the Year Award nomination form must be completed and submitted no later than September 1, 2014.

Reading, Pa. Sokols to host Fraternal Insurance Seminar on Saturday, June 7

Group 12, “Rev. Anton Bernolak” will host a Fraternal Insurance Seminar on Saturday, June 7 in Reading, Pa. The seminar will be held at the recently renovated Slovak Catholic Sokol Club located at 411 Crestmont Street and will be presented by our Director of Sales and Marketing, Albert J. Suess, Jr. The seminar begins at 10 a.m. with coffee and a continental breakfast. The seminar presentation follows from 11 a.m. to 12:30 p.m. Lunch will be served from 12:30 p.m. to 1:30 p.m. The second session of the seminar begins at 1 p.m. and concludes at 2:30 p.m.

Presentation will include Fraternal Benefits, Life Insurance, Burial Trust and Annuities.

Group 12 would like to extend an invitation to fellow Sokol members to attend from Groups making up the Southeastern District. Any Sokol member who resides in the area may be nominated for this honor. A nomination form is available by contacting editor Daniel F. Tantzau at the home office, tel. (973)777-2605. The Fraternalist of the Year Award nomination form must be completed and submitted no later than September 1, 2014.
Slovak Catholic Sokol Introduces the Irrevocable Burial Trust Agreement

Protection of assets at any age is important, but especially so when faced with the need for nursing home services, Medicaid and Supplemental Security Income. One option that may help preserve eligibility for services, while at the same time protecting assets from the reach of creditors, is to place your Slovak Catholic Sokol life insurance policy in the Slovak Catholic Sokol Irrevocable Trust Agreement.

Upon naming the Irrevocable Burial Trust, as the irrevocable beneficiary of the life insurance policy, the Trust becomes the owner of the policy and as Trustee, is obligated to apply the policy proceeds towards burial, funeral, and end-of-life needs up to the face amount of the policy. The benefit of naming the Irrevocable Burial Trust as owner is that it may help the insured qualify for Medicaid and Social Security Income benefits by preventing the value of the policy from being considered a resource of Medicaid and Supplemental Security Income benefits.

A further benefit is that the policy proceeds, to the extent they are applied to end-of-life needs, will in most cases be protected from claims made by creditors, including the state and federal government. Any proceeds unnecessary for burial or funeral expense would be paid to the insured’s estate and would then be available to creditor s’ claims.

Because the policy proceeds are to be applied to end-of-life needs, the benefits avoid the cost and delay probate, and because they constitute the life insurance proceeds, they are tax free upon death of the insured.

The Irrevocable Burial Trust

An Irrevocable Burial Trust is a valuable option that protects your assets that you want to designate for your final expenses. Upon naming the Irrevocable Burial Trust, as the irrevocable beneficiary, the Trust becomes the Owner of the policy and as Trustee, is obligated to apply the policy proceeds towards burial, funeral, and end-of-life needs up to the face amount of the policy.

Types of expenses that qualify for payment from the Irrevocable Burial Trust are:
- Funeral home personnel
- Embalming/cosmetology
- Casket and/or other containers
- Embalming/cosmetology
- Funeral home personnel
- Any remaining funds are placed into the estate of the insured.

The representations included herein are not guarantees and do not constitute legal or tax advice. In addition, they do not ensure that the product is appropriate for the client’s situation. Before purchasing any life insurance product, we recommend that the client seek the advice of an attorney and accountant.

Completing the Irrevocable Trust Agreement is a Simple Process:
- The Grantor must be both the Insured and the Owner of the policy.
- Only Slovak Catholic Sokol life insurance policies are eligible.
- The total face amount of the policy or policies in the Trust are limited in amount in most jurisdictions, which allows them to be excluded as a resource in determining eligibility for certain government service programs, such as those mentioned above. These limitations vary depending on the state in which you reside and change from time to time, but a $10,000 limitation is quite common. It is your responsibility to determine the limitation that would be applicable to you.
- The Contingent beneficiary of the policy or policies placed in the Trust must be the estate of the insured.
- It is important to act quickly, because under IRS rules, death proceeds of life insurance policy given away within three years of the insured’s death are automatically included in the insured’s gross estate. The accuracy of the representation stated within are not guaranteed by the Slovak Catholic Sokol and are not meant to constitute either legal or tax advice, nor do they insure that this product is appropriate for the client’s situation.

When a claim is paid, the funds paid directly to the beneficiary. Excess proceeds not spent on burial expenses are subject to change at any time, which may result in the treatment of this product as being negative to the client’s situation.

Slovak Catholic Sokol Irrevocable Trust Agreement is available on new and/or existing Whole Life Policies. If you would like more information regarding this useful option, you can contact your Authorized Slovak Catholic Sokol Agent, the Home Office (800) 886-7656 or the Sales and Marketing Office (888) 381-5431.

A tradition of providing sound financial protection and benefits to our members.
Recipients of our 2014 Abbot Jerome M. Koval, O.S.B. Memorial Catholic High School Grants of $500 each

Katelyn M. Hearn
Padua Franciscan High School
Group 5, Wreath 153
Parma, Oh.

Emily Lauren Hudak
Notre Dame High School
Group 6, Assembly 69
Smock, Pa.

Karina Ann Graham
Holy Redeemer High School
Group 7, Assembly 59
Wilkes-Barre, Pa.

David Iskra, Jr.
Holy Redeemer High School
Group 7, Assembly 59
Wilkes-Barre, Pa.

Nicholas Traglia
Allentown Central Catholic High School
Group 7, Assembly 86
Port Griffith, Pa.

Adriana E. Weslowski
Holy Redeemer High School
Group 7, Assembly 86
Port Griffith, Pa.

Nicholas Lee Beblar
Bishop McCort High School
Group 9, Wreath 14
Johnstown, Pa.

Matthew T. Fisher
Salesianum High School
Group 12, Assembly 48

Carly Jablonski
Berks Catholic High School
Group 12, Wreath 155
Reading, Pa.

2014 Slovak Catholic Sokol Scholarship Grants
Catholic Grade School grants of $250 each

Matthew DeSopo
Lacordaire Academy
Group 1, Assembly 1
Passaic, N.J.

Ashley M. Hess
St. Caterina of Siena School
Group 1, Assembly 162
Clifton, N.J.

Tucker Romagnoli
Transfiguration School
Group 1, Assembly 219
Yonkers, N.Y.

Timothy J. Romagnoli
Transfiguration School
Group 1, Assembly 219
Yonkers, N.Y.

Daniel Kovatch
Sacred Heart Grade School
Group 1, Assembly 219
Yonkers, N.Y.
2014 Slovak Catholic Sokol Scholarship Grants
Catholic Grade School grants of $250 each

Maura Waite
St. Pius X School
Group 2, Assembly 9
Bridgeport, Conn.

Milan P. Marko
Mary, Queen of All Saints Academy
Group 4, Wreath 93
Milwaukee, Wis.

Abigail M. Urban
St. Peter’s School
Group 6, Assembly 25
Perryopolis, Pa.

Grace Mangan
Wyoming Area Catholic School
Group 7, Assembly 59
Wilkes-Barre, Pa.

Stanley Shimko
Good Shepherd Academy
Group 7, Assembly 59
Wilkes-Barre, Pa.

Hunter M. Wesolowski
Good Shepherd Academy
Group 7, Assembly 86
Port Griffith, Pa.

Anjelita Elaine Paul
Good Shepherd Catholic School
Group 10, Assembly 255
Egypt, Pa.

Andrew Dwinnell
St. Michael Catholic School
Group 11, Assembly 34
Minneapolis, Minn.

Cole R. Baker
St. Ignatius Loyola Regional School
Group 12, Assembly 261
Reading, Pa.

Carolyn Halgas
Holy Family School
Group 12, Wreath 13

Helena G. Crevar-Kuntz
St. Wendelin’s School
Group 14, Assembly 54
Lyndora, Pa.

Liliana D’Andrea
St. Elizabeth School
Group 14, Assembly 295
Duquesne, Pa.

Jordan Kotvas
St. Patrick School
Group 14, Wreath 22
Pittsburgh, Pa.

Rebecca Healey
Campus School of Carlow University
Group 14, Wreath 22
Pittsburgh, Pa.

Isabella Meder
St. Therese School
Group 14, Wreath 22
Pittsburgh, Pa.

Stephen R. Franke
St. Bonaventure School
Group 17, Assembly 108
Youngstown, Oh.

Angelee Blasko
St. Charles School
Group 17, Wreath 54
Youngstown, Oh.
Hosted by Group 3, “Rev. Edmund Mochak” on March 29


The teams began arriving at the high school beginning at 7:30 a.m. While the Sports Directors checked their respective teams in, the players were treated to a delicious continental breakfast. After all the teams were registered, the Group 3 officers welcomed all the competitors and wished all the best of luck in the best traditions of Sokol good sportsmanship. They were told to enjoy the tournament and the traditional New England hospitality of Group 3.

Following the official opening ceremonies, the competition began at 8:30 a.m. with the Junior Division, ages 12-15 playing at the high school. The Junior Division, ages 8-11 also played at the high school starting at 9:30 a.m. The Women’s Volleyball competition was played at the new elementary school beginning at 9 a.m. and the Senior Men played at the Municipal Center gymnasium. The tournament was run as a double elimination, until the championship game. The winner of this game was declared the champion.

After some great morning games by all teams, the players and guests were able to take a break for lunch. The luncheon, which featured traditional New England hospitality, was enjoyed at the high school with the parents of Group 3 players serving. Lunch was served from 12 noon until 3 p.m., so that everyone had a chance to eat and relax. A big Thank You goes out to all the Group 3 parents who baked the delicious desserts enjoyed by the competitors.

The competition continued throughout the afternoon until the final pairings were decided for the championship games in each division. In the Junior Division, ages 8-11, Group 3 defeated the Group 1 team by a score of 30-28. This game was very exciting with the score changing on almost every shot. In the Junior Division, ages 12-15, Group 7 defeated the Group 3A team by a score of 40-24. The Men’s Division championship title this year went to the Group 3A team, going undefeated throughout the tournament. The Women’s Volleyball was played as a Round Robin style tournament. After some great competition throughout the day, the two teams that made it to the championship game included the Group 1 team and the Group 3A team. This was the best two out of three match with Group 1 winning the first two matches to become the champions.

The presentation of awards took place after each championship game and Junior Division, ages 8-11 winners received individual trophies. The other two teams received participation medals. All other champions received a plaque.

In particular, I would like to express thanks and gratitude to the members of Group 3, the parents and the high school students who labored to make this year’s competition a success. It was only with your help and dedication, serving the lunches, keeping the clocks, keeping the score books and coaching the teams that made the tournament so successful. It was truly a labor of love in the best traditions of New England Sokol good sportsmanship and camaraderie. An enjoyable time was had by all.

We hope that all the participants of this year’s tournament enjoyed themselves and had a safe trip home. Group 3 looks forward to the continuation of this tournament and hopes that the Groups absent at this year’s competition will be ready for action at the 2015 tournament.

Zdrav Bok!
Roger J. Manyak
46th Tournament Director

CHAMPIONS - Members of the Group 7 team from Wilkes-Barre, Pa. took home the championship title in the Junior Division, Boys and Girls, ages 12 to 15. Shown on the above photo are front row, l-r, Eric Christian, Matthew Shorts, Paul Zablotney and Walter Terpak, the team’s coach. Back row, l-r, Julia Christian, Jolene Ulrich, Julia Iskra and Courtney Iskra.

Members of the Group 7 Junior Division, boys and girls, ages 8 to 11 team are shown above and include, front Courtney Iskra and Keeli Kuren. Rear, l-r, Abi Blasco, Rita Palchanis and Ashton Hozempa.

The Group 7 senior men’s basketball team is shown above and includes, front row l-r: Steven Hvozdovic, Justin Francis, Steve Hvozdovic, David Iskra, Sr. and P.J. Dorang. Rear, l-r, Josh Hvozdovic, Jeremy Francis, Nick Terpak, Scott Christian and David Iskra, Jr.

The Group 3B team, boys and girls ages 12 to 15 in the Junior Division are shown above and include, from the left, Coach Mark Peloquin, Patrick Peloquin, Jack Josey, Andrew Goyette, Brenden Mazzuchelli, Alex Benedict, Grant Slowik, and Brook Mazzuchelli.

Group 7’s women’s volleyball team pose for group photo and include, front row, l-r, Kelly Palchanis, August Palchanis, Heather Horvath and Jessica Walsh. Back row, l-r, Maureen Iskra, Sarah Zablotney, Emily Shorts, Nikki Walsh and Danielle Zablotney.
Member of the Supreme Physical Fitness Board Martin Degnan is shown with the members of the Group 7 boys and girls ages 8 to 11 Junior Division team. Brother Marty serves as the coach of the team.

Members of the championship Group 1 women's volleyball team are shown above and include front row, l-r, Pamela Good, Colleen Cooper, Jackie Smith and Kerry Fossum. Back row, l-r, Stacey Kromka, Melissa Heyrich, Kelly Novis and Amanda Mentz.

Group 1's Sports Director, Eric Topczij is shown with members of the Group 1 Junior Division boys and girls ages 8 to 11 team. Shown with Brother Eric who is coach of the team are, l-r, Stone Slowik, Kathy Peloguin, Reece Slowik, Hailey Topczij, Matthew Desopo and Jimmy Catalioto.

Members of the Group 1 Senior Men's Team are shown above and include, kneeling from the left, Tony Catalioto, Eric Topczij, James C. Matlon and Will. Back row, l-r, Joseph Krzysik, Jr., Joseph Krzysik, Sr., Simon Baranowski and Jake Catalioto.

The Group 1 boys and girls team ages, 12 to 15 are shown above and include front, l-r, Matthew Desopo, Jimmy Catalioto and Lexi Ohngemach. Back row, l-r, Patrick Schama, Jessica Catalioto, Matthew Delaney and Jarrett Gorman.

The Group 3 team which took the championship title in the Junior Division boys and girls ages 8 to 11 are shown above. Kneeling are l-r, Ryan Bonin, Cameron Hookstra, Stone Slowik, Kathy Peloguin and Reese Slowik. Standing, l-r, Honorary Supreme Officer and team coach, Roger J. Manyak, Kathryn Bonin, Dylan Hookstra, Raymond Johnson, Peyton Manyak and Sam Vincent.

(Continued on page 18)
Report: more than 70 percent of young Slovaks want to live abroad

Almost 2 million people under the age of 30 live in Slovakia, which makes up more than 37 percent of the population, but more than 70 percent of them would prefer to live in a different country, states Slovakia’s Strategy for Young People for 2014-20, which was approved by the Cabinet on April 30.

According to the document drawn up by the Education Ministry, the government needs to spend more money on developing areas of politics that influence young people in their everyday lives, boost their quality of life, reduce their social dependency and support their autonomy in order to “make Slovakia a country in which young people will want to stay.”

Around 34 percent of the young people in Slovakia were jobless at the end of 2012, which made the country the sixth-worst in the EU in this respect. The government spends around 1 percent of the GDP on reducing unemployment among young people per year, while other countries fork out more than 1 percent. The report states that it’s principally the social situation that causes young Slovaks to leave their parents’ homes late - men aged 30-35, and women aged 28-30.

In order to boost employment among young people, the government wants to introduce a systematic career consultancy, to increase direct subsidies and deduction bonuses for companies that employ young people, and to support entrepreneurial activities among the young.

2,000 people ‘take bike ride’ with Peter Sagan in Bratislava

More than 2,000 people took part in an event called “Take a Bike Ride with Peter Sagan,” in Bratislava on April 26, at which the Slovak cycling star received a medal cast at the Paris Mint from the French Ambassador to Slovakia Didier Lopinot.

Sagan received the award for defending the Green Jersey (for the winner of the points classification) at last year’s Tour de France.

“Peter Sagan made Slovakia famous in this race. I believe that he’s making a good name not only for Slovakia but for cycling as such too,” said the French ambassador.

According to spokesperson of the Petráčka borough authority, Michaela Patznerová, the rainy weather “didn’t spoil the cycling star attracted many families with small children.

“It was a huge thing mainly for the little ones to meet such a champion,” said the Petráčka spokesperson.

Jobless rate down to 13.28 percent in March

The unemployment rate dropped to 13.28 percent in March, thereby going down by 0.21 percentage points on a monthly basis, Labor, Social Affairs and the Family Center(USPVV) head Marian Valentič told a press conference on April 29.

A total of 358,285 job-seekers who were immediately available for work were listed at job centers in the third month of the year. Their number dropped by 1.6 percent, or 5,814 individuals, on a yearly basis.

The unemployment rate calculated from among all job-seekers, including those not immediately available for work, was at 14.72 percent. This equals a drop of 0.17 percentage points on a monthly basis.

The total number of job-seekers stood at 391,216 in March. The figure is down by 1.16 percent when compared to February.

The jobless rate fell in all regions but the Bratislava region. The most notable drop - of 0.43 percentage points - was observed in the Presov region eastern Slovakia.

Gasparovic: We have to continue to foster Stefaník’s humanistic ideas

Despite strong winds and a persistent rain, hundreds of people gathered at the Bradlo Hill near the village of Brezova pod Bradlom (Trencin region of western Slovakia) at the tomb of General Milan Rastislav Stefaník on May 3 to commemorate the 95th anniversary of his tragic death.

Among those who took part in the wreath-laying ceremony on May 3 were President Ivan Gasparovič, several foreign ambassadors to Slovakia and members of historical associations from Slovakia and abroad.

Known for his achievements in politics and diplomacy, Stefaník (1880-1919) is believed to have contributed to the cause of Czechoslovak sovereignty. During the First World War, he served as a General in the French Army while at the same time holding the post of Czechoslovak Minister of War (in exile). He died in a plane crash on May 4, 1919 when returning home from Italy.

“His precious life ended just when he was returning to the free Slovak land - full of energy and enthusiasm. Instead of becoming a leading persona in Slovak political life, he lost his life. Yet his legacy is still alive,” said Gasparovič, adding that Slovaks should now continue in promoting Stefaník’s ideas, mainly those associated with humanism and democracy.

Stefaník’s contribution towards peace and integration in Europe was also highlighted in the speech delivered by the French Ambassador to Slovakia Didier Lopinot. “With Stefaník, we realize that freedom is not ultimate and this it is essential for us to fight for it every day and everywhere.”

Fico and Dzurinda have varying views but both are firmly pro-EU

Following Greece’s economic troubles, disciplines EU-member countries will push for the introduction of stricter economic rules within the EU, Slovak Prime Minister Robert Fico said in a discussion with former premier Mikulas Dzurinda (1998-2006) on Slovak Television on May 1.

The special session was organized to mark the 10th anniversary of Slovakia’s accession to the EU.

Fico and Dzurinda - collectively at the helm for 14 of Slovakia’s 21 years in existence - have been known as bitter career-long adversaries. However, the atmosphere was reconciliatory and friendly as they talked about their vision of the future for the EU.

Fico noted that a two-speed EU integration is already visible, as not all member countries have adopted the euro. Only 18 of the 28 member states have the euro - (ed.note).

“We’ll also see further developments of European institutions. I believe that it’s only a matter of time, when the future of the European Parliament will be discussed,” said Fico.

Dzurinda, who also served as foreign minister between 2010-12, said that he doesn’t believe that the EU will transform itself into a superstate.

“I don’t expect either (a superstate), or a break-up. I rather expect that if some country isn’t able to keep up, we’ll let it go along at its own pace,” said Dzurinda.

“I expect more cooperation in the EU - in militarism and in science and research. We must talk with each other more in order to harmonize our attitudes - because at the moment, when a serious issue emerges, two, three or even four groups (with different opinions) appear, said Dzurinda.

Ceremony honors Slovakia’s 10th anniversary of NATO membership

NATO’s Secretary-General Anders Fogh Rasmussen met with Slovakia’s top officials on May 14 to evaluate the country’s ten years as a NATO member, according to the Defense Ministry. This was Rasmussen’s third visit to Slovakia as NATO chief.

Among the issues discussed included the evaluation of Slovakia’s ten-year membership in NATO as well as the developments in Ukraine. In addition discussion included NATO’s further engagement in Afghanistan after the ISAF operation is concluded, according Defense Ministry spokesperson Martina Balloková.

Rasmussen was received by President Ivan Gasparovič, Prime Minister Robert Fico, Foreign Affairs Minister Miroslav Lajčak and Defense Minister Martin Čižmek.

The NATO secretary-general remained in Bratislava where he participated in the GLOBSEC 2014 conference on May 15. At the conference, he commented on the upcoming NATO summit in Wales on September 4-5 and the current situation in Ukraine.

Rasmussen is due to be replaced in the post of NATO secretary-general by Norwegian politician Jens Stoltenberg on October 1.

Fico et al urge Slovaks to break turnout ‘paradox’ in European election

We should break the so-called Slovak paradox according to which even though Slovaks tend to be the most pro-European (Continued on page 14)
Circle of Love

Group 2’s tradition of caring and sharing continues throughout the year. A Christmas project of Group 2 in December 2013 brought together many generous, talented and dedicated individuals (some anonymous) who made the season joyous for children in Slovakia, halfway around the world.

My sister Judith Salamon and I decided to send some socks to our friend, Sister Atanazia Holobova, a Byzantine Catholic Sister of St. Basil the Great in Bardejov in eastern Slovakia. The socks were earmarked for the students of the orphanage conducted by the Sisters of St. Basil the Great. The socks would keep the children warm during their cold winter weather.

Some of our contacts heard what we were doing and decided to help. This resulted in some 300 plus items, socks, handmade hats and scarves, blankets and lap robes along with a few miscellaneous items of children’s clothing and gloves.

Our sincere thanks go out to all who assisted us in this fraternal act of charity. We especially thank Cathy Tringhese and the ladies who meet at Holy Name of Jesus Parish Center in Stratford, Conn. as well as those who work from home along with Dorothy Kalakay and the other beautiful women from their group at Christ the Redeemer Parish in Milford, Conn. It was a wonderful labor of love.

In her thank you letter, Sister Atanazia greeted her “Friends” in America from the bottom of her heart. She expressed thanks and gratitude for our kind letter as well as for the many packages of beautiful things for the children. Sister expressed thanks for our help and the fact that we are interested in them. She sent thanks to all who donated these wonderful items for the very grateful children. She especially thanked the 98-year-old woman for her gift.

Sister indicated that all the children and the staff of the school will pray for all of us so that God would bless us with good health so as to continue in our good deeds. Sister included pictures so that we could see some of the students modeling the variety of hats and scarves we sent. She indicated that she hoped we would continue to work together in the future.

Sister indicated that her next project was guitars. Anyone? As members of the Slovak Catholic Sokol, we in Group 2 take our role as fraternalists very seriously. We thank all who share our love and concern for the children in Bardejov. A few years ago, during our Sokol tour of Slovakia, we first had the opportunity to meet with Sister Atanazia and visit the school in Bardejov. Since then, we have continued to support various projects to benefit the youngsters. It’s what being a fraternalist is all about. Zdar Boh!

Prayer of the Month

Lord Jesus, may the image of the Good Samaritan be our inspiration. Let our communication be a balm which relieves pain and a fine wine which gladdens hearts. May the light we bring to others not be the result of cosmetics or special effects, but rather of our being lov- ing and merciful neighbors to those wounded and left on the side of the road. Amen.

- From Pope Francis’ Message for the 2014 World Communications Day

Time For A Change?

Graduation time again!

And most of the grads, having learned all there is to know, are eager to make their marks in the world. Indeed, to hear many of them tell it, they would change the world, presumably for the better.

Ambitions and well meaning though they appear to be, however, few of them talk about changing themselves for the better.

Perhaps that’s what’s wrong with the world...
VANTAGE 1 ANNUITY - ENHANCEMENT ANNOUNCEMENT

For a number of years the investment climate has had its ups and downs. Everyone is waiting and expecting the interest earning rates to increase, it just has not happened. Without a crystal ball or being able to predict the future no one is sure when those changes will occur. Our current short-term annuity plans the Vantage 1, Vantage 2 and Vantage 3 are designed for this purpose. These plans are for the individual looking for a solid short-term investment alternative that affords them the flexibility to make financial decisions without a long term commitment and creating an excellent interest rate.

The Slovak Catholic Sokol is making a change to further enhance the Vantage 1 Annuity, it is designed and tailored primarily for the individual that is not quite sure what investment vehicle is right during these low interest rate times, is undecided what length of time they want to invest, waiting for the stock market to take-off, or looking for a good short-term investment alternative with numerous options and flexibilities.

With this in mind, the enhanced version of the Vantage 1 Annuity now includes a “30-Day Window”, which starts on the anniversary date of the annuity certificate. During this period the annuitant/owner can exercise a number of options that meets their investment needs. Annually prior to the certificate anniversary date, a notice is sent to the annuitant/owner that presents each of the available options, which consists of the following:

1) continue as a Vantage 1 earning the guaranteed credited interest rate declared at that time for the upcoming year;
2) withdrawing a portion of the certificate amount and continuing the certificate earning the guaranteed credited interest rate declared at that time for the upcoming year; or
3) transfer all or specified portion of the total deposit to a new annuity contract with the Slovak Catholic Sokol or another financial institution.

Not only will you find the Vantage 1 Annuity Plan competitive, but also it outperforms the current short-term market offerings and is tax deferred. The Vantage 1 is currently earning a yield of 1.25% APY.

Vantage 1 Features:
The Vantage 1 Annuity is tax deferred annuity, with a minimum guaranteed interest rate of 1%. What makes this annuity special is a unique feature, the “30 Day Window”, that allows the certificate holder to notify the Slovak Catholic Sokol of their intentions to withdraw their deposit and interest earned, penalty free, at the end of each certificate anniversary date. This option is available for the life of the annuity certificate. Any withdrawal made outside the timeframe of the “30 Day Window” and exceeds the annual 10% annual withdrawal will result in a penalty charge as follows:

- 1st year – 10% penalty
- 2nd year – 5%
- 3rd year – 4%
- 4th year – 3%
- 5th year – 2%

As with our entire Vantage Collection of Annuity Plans the Slovak Catholic Sokol allows a 10% penalty free withdrawal feature after the first anniversary year.

Guaranteed Income Option
Each of the Vantage Plans has an option that allows the annuitant at any time to settle/annuitize the contract. When the annuity contract is settled/annuitized a guaranteed payment is established pays a specified periodic distribution or for a lifetime of income.

Earnings grow tax-free until a withdrawal occurs. Due to the power of compound tax-deferred growth, your retirement savings will accumulate quicker compared to a fully taxable account.

Cost
With all of our Annuity plans your investment can grow rapidly since there are no initial service, contract, transaction or premium fees. Every dollar you pay in premiums goes directly into your annuity’s cash value and earns interest immediately.

Safety
Your annuity deposits are protected by the total resources of the Slovak Catholic Sokol. Information regarding the solvency can be readily verified by our financial statements filed with the New Jersey Insurance Department. These financial statements are accompanied by the required Actuarial Certification and Opinion of an independent Certified Public Accountant.

Early Withdrawal
Each of the Vantage Collection of Annuity Products has a 10% penalty free withdrawal feature after the first anniversary year.

Guaranteed Income Option
Each of the Vantage Plans has an option that allows the Annuitant at any time to settle/annuitize the contract. When the annuity contract is settled/annuitized a guaranteed payment is established pays a specified periodic distribution or for a lifetime of income.

The settlement options available are: • Life Only, • Specified Period, • Life and Period Certain and • Payments for Life for both situations on a single individual or as a joint and survivor.

The Mixing Bowl

PORK LOIN PAPRIKASH
4-5 lbs. pork loin, sliced into 1/2 inch slices
2- 1/4 oz. dry golden onion soup mix
1 tbsp. paprika
1 1/2 cup beef broth
3/4 cup sour cream or chile con queso
dredge pinto, salt and pepper in a small mixing bowl. Spoon over and around pork. Reduce temperature to 30 degrees F; cover and cook 20 to 25 minutes. The liquid needs to be somewhat thick like gravy. Serve immediately over hot cooked noodles, potatoes or rice. - Posel

CABBAGE CASSEROLE
Easy Halupky
1 small head cabbage
1 lb. ground beef
2 onions, chopped
2 cans tomato soup
1 cup white wine (sweet)
2 tbsp. pimento, diced
1/2 can of water
Hot egg noodles, mashed potatoes or cooked rice
Preheat 6 quart crock pot to 400 degrees F. Lightly spray pot with cooking spray. Arrange pork in predrawn crock pot and let it start to get brown. Sprinkle soup mix and paprika evenly over pork pieces. Cook for about 20 minutes and then add mushrooms, onions, bell peppers and celery. Reduce temperature to 350 degrees F; cover and cook 25 to 40 minutes until nice and brown. Combine beef broth, flour, wine sour cream or chile con queso dip, pimento, salt and pepper in a small mixing bowl. Spoon over and around pork. Reduce temperature to 300 degrees F; cover and cook 20 to 25 minutes. The liquid needs to be somewhat thick like gravy. Serve immediately over hot cooked noodles, potatoes or rice. - Posel

CABBAGE CASSEROLE
Easy Halupky

Centennial of the Ordination of Msgr. Stephen J. Krasula, P.A.

(Continued from page 4)

2 cups tomato sauce
1/2 lb. ground pork
1 small head cabbage
1 cup brown rice
Hot egg noodles, mashed potatoes or
cooked rice
Preheat 6 quart crock pot to 400 degrees F. Lightly spray pot with cooking spray. Arrange pork in predrawn crock pot and let it start to get brown. Sprinkle soup mix and paprika evenly over pork pieces. Cook for about 20 minutes and then add mushrooms, onions, bell peppers and celery. Reduce temperature to 350 degrees F; cover and cook 25 to 40 minutes until nice and brown. Combine beef broth, flour, wine sour cream or chile con queso dip, pimento, salt and pepper in a small mixing bowl. Spoon over and around pork. Reduce temperature to 300 degrees F; cover and cook 20 to 25 minutes. The liquid needs to be somewhat thick like gravy. Serve immediately over hot cooked noodles, potatoes or rice. - Posel

(Continued from page 4)

was held on March 18. It was one of the largest tributes given a Slovak priest. He was buried in Calvary Cemetery in Queens, N.Y. We reverence the memory of Monsignor Stephen J. Krasula on the occasion of the 100th anniversary of his priestly ordination. Throughout his ministry, he beautifully mirrored our ageless motto of “For God and Nation” - Za Boha a narod in the best traditions of our Cyrilo-Methodian heritage of faith. Zidar Boht!

SLOVAK CATHOLIC SOKOL

ANNUITY RATES

Effective Since: July 1, 2012

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SINGLE PREMIUM IMMEDIATE ANNUITY

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No Longer Offered

Effective: August 31, 2011

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The Mixing Bowl

CABBAGE CASSEROLE
Easy Halupky

1 small head cabbage
1 lb. ground beef
2 onions, chopped
2 cans tomato soup
1 cup white wine (sweet)
2 tbsp. pimento, diced
salt & pepper to taste
Hot egg noodles, mashed potatoes or cooked rice
Preheat 6 quart crock pot to 400 degrees F. Lightly spray pot with cooking spray. Arrange pork in predrawn crock pot and let it start to get brown. Sprinkle soup mix and paprika evenly over pork pieces. Cook for about 20 minutes and then add mushrooms, onions, bell peppers and celery. Reduce temperature to 350 degrees F; cover and cook 25 to 40 minutes until nice and brown. Combine beef broth, flour, white sour cream or chile con queso dip, pimento, salt and pepper in a small mixing bowl. Spoon over and around pork. Reduce temperature to 300 degrees F; cover and cook 20 to 25 minutes. The liquid needs to be somewhat thick like gravy. Serve immediately over hot cooked noodles, potatoes or rice. - Posel

Centennial of the Ordination of Msgr. Stephen J. Krasula, P.A.

(Continued from page 4)

2 cups tomato sauce
1/2 lb. ground pork
1 small head cabbage
1 cup brown rice
Hot egg noodles, mashed potatoes or cooked rice
Preheat 6 quart crock pot to 400 degrees F. Lightly spray pot with cooking spray. Arrange pork in predrawn crock pot and let it start to get brown. Sprinkle soup mix and paprika evenly over pork pieces. Cook for about 20 minutes and then add mushrooms, onions, bell peppers and celery. Reduce temperature to 350 degrees F; cover and cook 25 to 40 minutes until nice and brown. Combine beef broth, flour, white sour cream or chile con queso dip, pimento, salt and pepper in a small mixing bowl. Spoon over and around pork. Reduce temperature to 300 degrees F; cover and cook 20 to 25 minutes. The liquid needs to be somewhat thick like gravy. Serve immediately over hot cooked noodles, potatoes or rice. - Posel

(Continued from page 4)

was held on March 18. It was one of the largest tributes given a Slovak priest. He was buried in Calvary Cemetery in Queens, N.Y. We reverence the memory of Monsignor Stephen J. Krasula on the occasion of the 100th anniversary of his priestly ordination. Throughout his ministry, he beautifully mirrored our ageless motto of “For God and Nation” - Za Boha a narod in the best traditions of our Cyrilo-Methodian heritage of faith. Zidar Boht!

(Continued from page 4)

(Continued from page 4)

(Continued from page 4)

(Continued from page 4)
Fico et al urge Slovaks to break turnout “paradox” in European election

(Continued from page 12)

people in the European Union, they at the same time seem to be indifferent in terms of their participation in elections to the European Parliament, was the message contained in speeches of a number of top Slovak statesmen at plenary session of the National Convention on the EU on May 6.

“People tend to be interested in politics and to come to the polls when they have various alternatives to choose from, when they can see that there’s a certain conflict of opinions. But with euro-optimism being the predominant stance in Slovakia, there’s no such conflict, and people lack a reason to go out and vote,” said Prime Minister Robert Fico.

The premier thinks that in order to remedy this, Slovak politicians have to roll up their sleeves and do their utmost to promote their candidates in the upcoming European Parliament election.

Fico at the same time observed that in his opinion the turnout in the May 24 election will be low, just like in 2004 when only some 17 percent of eligible voters came to the polls in Slovakia, and in 2009 when 19.6 percent turned out. In both cases, Slovakia posted the poorest turnouts in the EU.

Bratislava Airport commemorates the 95th anniversary of Stefanik’s death

Tireless diplomat, politician, aviator, meteorologist and astronaut, the results of Milan Rastislav Stefanik’s work can be seen in every aspect of life that he engaged in, Foreign and European Affairs Minister Miroslav Lajcak in his speech urged representatives of all political parties, NGOs and the media present at the National Convention session to make good use of their influence to explain to people that elections to the European Parliament are of no less importance than those to the Slovak Parliament.

“We are the EU. It is we who will also decide what the European integration project will look like in 10-20 years. It is we that take in the decision-making on all important topics at the negotiation table in Brussels. It is we who give legitimacy to the decisions of European institutions,” stated Lajcak.

Apple of Your Eye... and Your Heart?

Sure, an apple a day keeps the doctors away, but there’s a new finding: Healthier foods may lead to healthier moods.

According to a recent study in the British Journal of Health Psychology, positive moods and higher morale were linked with a lower-alcohol alternative:

- Light beer or wine.
- Wine spritzers made with 2 lower-alcohol alternatives:
  * Nonalcoholic beer or wine.
  * Soft drinks.
  * Light beer or wine.
  * Wine spritzers

Of course you can enjoy unlimited amounts of these nonalcoholic drinks:

* Sparkling water with a slice of lemon or lime.
* Soft drinks.
* Nonalcoholic beer or wine.

Blood Pressure

May is Blood Pressure Education Month. If you already have high blood pressure, limit yourself to no more than two alcoholic drinks per day. Try these lower-alcohol alternatives:

* Wine spritzers made with 2 ounces of wine and 4 ounces of club soda.
* Light beer or wine.
* Mixed drinks made with half the usual amount of alcohol.

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YOUR BENEFICIARIES

When was the last time you looked at your designated beneficiaries on your valuable Sokol insurance policy? How important is it? Just think about how much your life has changed. Have you married, divorced, had children, maybe you lost a loved one? This is an item you should consider annually. If you do need to make changes to any of your policies, contact the Home Office at 800-886-7656.

Focus on Blood Pressure in May

May is American Heart Month. If you already have high blood pressure, limit yourself to no more than two alcoholic drinks per day. Try these lower-alcohol alternatives:

* Wine spritzers made with 2 ounces of wine and 4 ounces of club soda
* Light beer or wine
* Mixed drinks made with half the usual amount of alcohol

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* Nonalcoholic beer or wine

Keep Your Slovak Catholic Sokol Home Office Numbers Handy

TOLL FREE NUMBER: 1-800-886-7656
HOME OFFICE: (973) 777-2605 or 777-2606
DIRECTOR OF SALES: 1-888-381-5431 or (412) 381-5431
UNDERWRITING: (973) 777-4704
EDITOR: (973) 777-4010
FAX NUMBER: (973) 779-8245
E-MAIL: Sokol205@aol.com
WEB SITE: www.slovakcatholicsokol.org

Sokol Birthdays

MAY 30
Martha Iskra, Wilkes-Barre, Pa., a member of Assembly 59, Wilkes-Barre, Pa.
Mary Ann Kalafut, Solana Beach, CA, a member of Assembly 11, Chicago, Ill.
Catherine E. Megill, Mountain View, CA, a member of Wreath 155, Reading, Pa.
Matthew J. Pyo, Lilly, Pa., a member of Assembly 79, Lilly, Pa.
Rosanne Urban, Nanticoke, Pa., a member of Assembly 136, Nanticoke, Pa.

MAY 31
Dr. Mikulas Halko, Mt. Kisco, N.Y., vice president of Assembly 219, Yonkers, N.Y.

JUNE 1
Rev. Richard D. Baker, New York City, Chaplain of Group 2 and a member of Assembly 219, Yonkers, N.Y.

JUNE 2
Hope Anne Egan, Los Angeles, California, a member of Wreath 15, Peryopolis, Pa.
Susan M. Evans, Erie, Pa., a member of Wreath 15, Peryopolis, Pa.

JUNE 3
Justin Graham, Hudson, Pa., a member of Assembly 59, Wilkes-Barre, Pa.
Cloty Iovenut, Bartlett, Ill., a member of Wreath 81, Whiting, Ind.

JUNE 5
Rev. Richard A. Cirba, chaplain of Group 7 and a member of Wreath 147, Larksville, Pa.
Michael Garver, Johnstown, Pa., a member of Wreath 14, Johnstown, Pa.
Kathy Trifletti, Lorain, Oh., a member of Wreath 111, Lorain, Oh.

JUNE 6
Joseph A. Kostolansky, Norwalk, Pa., a member of Assembly 25, Peryopolis, Pa.

JUNE 7
Margaret Semon, Canton, Oh., Honorary Physical Directress of Group 5 and Honorary Vice-President of Assembly 180, Canton, Oh.

JUNE 8
Jaime Matthews, Yonkers, N.Y., a member of Assembly 219, Yonkers, N.Y.

JUNE 9
Lauren Harney, Mahopac, N.Y., a member of Assembly 219, Yonkers, N.Y.
Victoria Tomescu, Kintnersville, Pa., a member of Wreath 13, Philadelphia, Pa.
Martha Voloshin, Lower Burrell, Pa., a member of Assembly 313, Winter Park, Fla.

JUNE 10
Marjorie K. Misich, Bridgeport, Conn., a member of Wreath 15, Bridgeport, Conn.
Margaret M. McCrack Philadelphia, Pa., a member of Wreath 13, Philadelphia, Pa.
R. T. Rev. Joseph M. Stanichar, Westom, Ore., a member of Assembly 219, Yonkers, N.Y.

Czechoslovakia airport commemorates the 95th anniversary of Stefanik’s death

“I’m happy and proud to be here at Bratislava Airport and I had the pleasure to visit the M.R. Stefanik Slovak Aviation Museum,” said second president of Czechoslovakia, M. R. Stefanik. “Unfortunately, he didn’t live to enjoy the freedom that he fought for in his homeland,” observed the premier.

“The commemorative event at the airport has on display the only replica of Stefanik’s plane. The commemorative event at the airport has on display the only replica of Stefanik’s plane. Stefanik lost his life on May 14, 1919, when flying back home to Bratislava from Italy. It’s a good time!”

A month later, President Ivan Gasparovic echoed Fico’s words, saying that the top Slovak political echelons should do their best to show Slovaks that their country has a part in joint European decision-making.

In this context, Foreign and European Affairs Minister Miroslav Lajcak in his speech urged representatives of all political parties, NGOs and the media present at the National Convention session to make good use of their influence to explain to people that elections to the European Parliament are of no less importance than those to the Slovak Parliament.

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-blood pressure

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Dorothy A. Nawojski, 94 was dedicated member of Assembly 11 in Chicago

Dorothy A. Nawojski, passed away peacefully in Chicago on the feast of St. Joseph, March 19 surrounded by her family. She was 94.

A native of Chicago, she was born there January 22, 1920 to Slovak immigrant parents, Tomas and Dorothy Kopca. Her parents were natives of Bratislava in Slovakia. She was raised in Chicago's oldest Slovak parish, St. Michael the Archangel in the Back-yards neighborhood on the city's south side. She became a member of our former Wreath 9 of the Slovak Catholic Sokol at the age of 17 and took an active part in various gymnastic and sporting activities of the local lodge as well as Group 4. An active gymnast, Dorothy worked out daily using the gymnastic equipment at Gage Park in Chicago. It was here that she met Stanley Nawojski who later became her spouse. Dorothy remained an active Sokolka all her life. She served for many years as the Commandress, now known as Physical Director, of Wreath 9 and later Group 4 for many years and led championship teams at many Group 4 and national Slots. In addition to Sokol sports activities, Dorothy represented her Wreath at several national conventions. Over the years, she shared many fond recollections of her travels with the Slovak Catholic Sokol with her family and friends. At the time of her death, she was a member of Assembly 11. In addition to our organization, Dorothy was also a member of the Chicago Teachers Union.

With her love of gymnastics, Dorothy pursued a career as a physical education teacher. She received her undergraduate education at DePaul University. Her first position as a physical education teacher was at Our Lady of Perpetual Help School in Chicago. After several years, she left the Catholic school system and became a Chicago public school teacher. For many years, she taught physical education at Farragut High School located in the Little Village neighborhood on the southwest side of Chicago. She also taught at the new Bogan High School beginning in 1961. There, she taught swimming, physical education, driver's education and health. She became the head of the Women's Physical Education Department. Because she was a tough educator and held rigorous classes, students affectionately called her “Sergeant.” She retired as an educator in 1988.

Family, friends and fellow fraternalists paid their final respects to Sister Dorothy at the Richard J. Modell Funeral Home in Chicago. A Mass of Christian burial was celebrated at St. Bede the Venerable Church with the Rev. Robert Kruger officiating. Interment followed at Resurrection Cemetery in Justice, Ill.

Dorothy was pre-deceased by her parents and her husband, Stanley A. Nawojski, who passed away in 1976. Survivors include her children, Robert A. and his spouse Susan, Nawojski; Donna A. Denney, Nawojski; Doris M. Mager, Philadelphia, PA; Florence Hozempa, Edwardsville, Pa; Dorothy A. Buc, age 87; and numerous grandchildren, great-grandchildren, nieces and nephews. Dorothy was deeply loved by everyone who knew her. May she rest in peace. Our sympathy goes to her family and friends.

In Memoriam

Slovak Catholic Sokol extends sincere sympathy to the bereaved families of deceased members

MARCH 2014

<table>
<thead>
<tr>
<th>Assembly/Wreath</th>
<th>Member</th>
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<td>Assembly 186</td>
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<tr>
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<td>89</td>
<td>September 3, 2008</td>
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<td>Wreath 147</td>
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Youth Volunteer Awards for N.J. and N.Y. members

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The New Jersey - New York Fraternal Alliance (NJNYFA) is pleased to announce its Youth Volunteer Award Program for 2014. Each year the NJNYFA chooses deserving young students who belong to a member fraternal society, based on their volunteer achievements with their society as well as the community at large.

Thanks to the generosity of the Recreation Farm Society, each award winner will receive $500 with an additional $500 award to their designated charity. The number of awards will be based upon the proceeds of the 2014 annual convention souvenir book. The Youth Volunteer Award Committee of the NJNYFA, headed by Richard Czecchi, will make the selection of the award recipients and decisions are final. The award recipients will be announced at the 81st annual convention of the NJNYFA scheduled for Tuesday and Wednesday, October 14-15, 2014 at the Golden Nugget Casino Resort in Atlantic City, N.J.

Announcing the Memorial Scholarship Fund!!!

Julie Ann Dobbs
Supreme Vice-President

Have you found yourself looking for a way to memorialize a lost loved one or fellow Group/Wreath/Assembly member? Why not make a donation in their honor to the newly developed Memorial Scholarship Fund? Your donation will assure that an annual scholarship be given out to a college age student who best exemplifies the meaning of fraternalism and volunteerism. Here’s how it works:

1) Check or money order to the Memorial Scholarship Fund of the USA, 399 Conklin Street, Ste.8310, Farmingdale, NY 11735-2614. Members of our organization have been recipients of this award in past years. We encourage our young volunteer activists in New Jersey and New York to apply for these Youth Volunteer Awards.

Dorothy A. Nawojski is shown above in her Sokol pride as Commandress of Group 4, Chicago, Ill. with the late Stephen Sramek of Gary, Ind. who was the Group 4 Commander at the time. They led the Group 4 athletes at the 13th national Sokol held in Milwaukee, Wis. during the summer of 1946. It was the first national Sokol held following the Second World War.

Have you recently lost a loved one? You might consider ear-marking donations to this fund in their memory. Keep the spirit of your fellow Sokol alive by investing in a way that their fraternal dedication will not be forgotten.
**From the Supreme Physical Fitness Board**

**212 The Extra Degree**

_by Nancy Kropolinsky_

“At 211 degrees, water is hot. At 212 degrees, it boils. And with boiling comes steam... And with steam, you can power a train.” Sam Parker, author of the book, “212 The Extra Degree”

Parker’s book outlines several interesting accomplishments by individuals who apply the extra degree: The average margin of victory in strokes at the Masters Golf Tournament is 2.28 and the average margin of victory at the Daytona 500 is .082 seconds, both amounting to a difference in prize money of approximately $600,000.00 between first and second place. Upon review of the Slovak Catholic Sokol 2013 athletic program, some interesting facts are reported from individuals applying the extra degree within our organization:

- The 2013 Bowling Tournament Men’s Singles division reported a pin difference between first and second place, the 2013 Golf Tournament Men’s Flight A division reported a difference of eight strokes between first and second place amounting to a difference of $120.00 in prize money. And finally, the 2013 International Slet results revealed an amazing .01 second difference between first and second place in the Men’s 100 Meter Run. While all athletes should be commended for their efforts, strengths and physical performances, those who attained first place by such small margins are recognized for applying the extra effort.

By making small changes in one’s daily activities, Perkins lists ways individuals can apply the 212 approach:

1. Setting your alarm 10 minutes earlier adds the time of one and a half work weeks to your year.
2. Adding one act of kindness or service a week equals 52 moments of inspiration a year.
3. Complaining one less time a day eliminates 365 moments of negativity a year.
4. Being valuable to your friends and family once more each week creates 52 more positive experiences each year.
5. Taking time to reflect or pause before action twice more each week creates over 100 new possibilities each year.
6. Removing two diversions each week eliminates more than 100 hours from your life each year.
7. Taking risks once more each week creates over 50 additional opportunities and possibilities each year.
8. Contributing two hours a week to a cause donates your time more than two and half work weeks a year.

Our personal life as well as involvement in our Sokol life can become more enriching and valuable when applying the 212 Theory. Extra effort, involvement, or participation in the sports program, Group activities or with fellow members can benefit all. Challenge all of us to reflect on our lives and see where the 212 Theory can be applied, thereby inspiring others. My sister, Judy Babik, who gave me this book, has already inspired me. The following 2014 upcoming events are perfect opportunities to put the 212 Theory into action.

**Fathom Foot Facts**

In observing May as National Foot Health Month, the American Podiatric Medical Association urges you to pay attention to some of these dangerous foot-related myths:

- “It can’t be broken if you can move it.” False! The truth is you can walk with certain kinds of fractures, and this widespread idea has kept many serious breaks from being diagnosed in time.
- “A foot or ankle injury should be soaked in hot water immediately.” False! Hot water makes the blood vessels open wider, allowing rapid rush of blood into the injured area and causing greater swelling. Ice, on the other hand, has a contracting effect on blood vessels, producing a numbing effect and preventing swelling and pain.
- “Immediate care is not necessary for a torn toe.” False! A toe fracture needs prompt attention. A simple fracture can be handled easily, but if x-rays reveal a more serious break, it is particularly important to have it set by your podiatrist to prevent improper or incomplete healing. Inattention to a fracture can result in formation of a deformed toe with a recurring painful corn. And the best general rule is to seek prompt professional treatment for injured feet or ankles.

**Bridgeport Sokol Alliance promotes Slovak culture**

The Slovak Alliance of Greater Bridgeport, Conn. has been actively promoting Slovak culture and heritage for more than eight decades. The late Rev. Stephen Panik, the Slovak Alliance host a variety of activities for young and old alike. In addition, it sponsors Sokol basketball and volleyball teams for students. Regular meetings are held in the meeting room of Holy Name of Jesus School located at Mary Avenue behind the church on 595 Barnum Avenue in Stratford, Conn. beginning at 7 p.m. All those interested in promoting Slovak culture are invited to join us.

Our upcoming schedule includes our general membership meetings set for Thursday, May 29 and Thursday, June 26. The traditional Slovak Sokol Slet was scheduled for Sunday, September 14 at the Germantown Schwanen Hall in Bridgeport. Subsequent meetings are scheduled for Thursday, September 25; Thursday, October 30 and Thursday, November 20. The final event of the year is the traditional Christmas party held at the Mill River Country Club scheduled for December 7. For information on the Slovak Alliance, contact Marta Suychak at (203)377-1874 or Paul Isser at (203) 583-0235.

Zdar Boh!

_Eileen S. Wilson_

**Count Blessings, Not Money**

* You can order a meal for a king; however, there must be a healthy appetite to match it.
* You can hire employees and servants by the score, but you cannot purchase their loyalty.
* You can acquire a house, but money cannot buy. Think about it. Any yet, there are countless treasures one values personally that money cannot buy. Think about it. You can buy a dog, but not the wag of his tail. You can acquire a house, but you must fill it with love to make it a home.

* You can meet acquaintances and impress them temporarily with your wealth; still you must measure their friendship when you are in need.

Zdar Boh!

_Nancy Kropolinsky_

Supreme Physical Fitness Board Member

For more information on these events please visit www.slovakcatholicsokol.org

I look forward to witnessing more amazing feats by our members.

Zdar Boh!

_Marta Suychak at (203)377-1874 or Paul Isser at (203) 583-0235_
The Group 3A team, boys ages 12 to 15 in the Junior Division are shown above and include, seated, l-r, Coach, Gary Manyak, Drew Manyak, Molly Vincent, Alexa Gresian, Josh Cyr and Jameson Gannon. Standing, from the left, Jack Nasuti, Neal Nasuti and Alec Goldenberg.

The Group 3A team which took home the senior men’s championship title are shown above. Kneeling from the left are, Andy Niedzwiecki, Erik Quinn, Michael Fields, John Manyak and Ryan Hippert. Standing, l-r, Michael Thomas, Casey Hippert, Peter Hickey, Rob Hoekstra and Joseph Randoz.

Members of the Group 3B men’s basketball team pose for a photo and include front row, l-r, Alex Myers, Matt McConville, Cameron Saster and Brian Hasemann. Back row, l-r, Victor Doyon, Jesse Mosczynski, Timothy McConville, Kevin Theriault and Bryan McConville.

Members of the Group 3 women’s volleyball team are shown above and include, front, l-r, Makenzie Cyr, Jaque Manyak and Christine Manyak. Standing, l-r, Kim Kacmarcik, Johna Peloquin, Ashley Quinn, Lauren Macuga and Jen Nedorscik.

The members of the Group 3B women’s volleyball team are shown above and include, seated, l-r, Michala Goldenberg, Erica Kacmarcik, Fallyn Hippert and Jennifer Conway. Standing, l-r, Cathy Weeks, Sherry O’Day, Amanda Gresian and Lori Cyr.

Champions of the 46th Eastern District Basketball and Volleyball Tournament

JUNIOR DIVISION

WOMEN’S VOLLEYBALL
Senior Women - Group 1, Passaic, N.J.

SENIOR MEN’S BASKETBALL

Congratulations to all our winners - Zdar Boh!
Pred rokom 1969 bola ŠTb konšpirácie bytov navyše v Prahe

Viac ako dve tretiny zdokumentovaných konšpirácií a prepočítaných bytov, ktoré malo do roku 1969 pre svoju činnosť k dispozícii rozviedka ŠtB, boli na území Prahy. Naopak, na území Slovenska bola len desiatina z celkového počtu 177 bytov ŠTb.

Vypínať to zo správaných materiálov, ktoré zverejňovali v Prešovskom kraji na území Slovenska a spolu s tým aj na území Libereckého kraja.

Šlo o 1000 percent. Okrem toho Neuverite.
Zmluva medzi Slovenskou republikou a USA o sociálnom zabezpečení

Sociálna poisťovňa na Slovensku informuje poistencov, že 1. mája 2014 nadobudla platnosť Zmluva medzi Slovenskou republikou a Spojenými štátmi americkými o sociálnom zabezpečení (ďalej len „Zmluva”). Na základe tejto Zmluvy bude možné na účely priznania dôchodku zo Slovenskej republiky prihladnúť aj na obdobie potrebného obdobia dôchodkového poistenia a vráťať poistencovi plnenú sumu zodpovedajúcu rešpektového obdobia získaného podľa právnych predpisov Slovenskej republiky. Zmluva prizná, a to od 1. mája 2014. Ak požiadate o dôchodok podľa Zmluvy

Ak žijete na území USA, je potrebné kontaktovať zamestnancov pooblasti Sociálnej poisťovne v Spojených štátoch amerických, ktorí podajú žiadosť o dôchodok, o čo sa tiež právne informuje poistencom, ktorí podajú žiadosť o dôchodok v Spojených štátoch amerických. Zmluvu prizná, a to od 1. mája 2014. Ako požiadate o dôchodok podľa Zmluvy

1. mája 2014 nadobudla platnosť Zmluva medzi Slovenskou republikou a USA. Príslušná inštitúcia sociálnej poisťovne v USA vypláca dôchodcov štátov amerických.